

### Abstract Submission Form and Speaker Profile

Complete your details by typing in the **green** sections of the digital form below. If there are multiple presenters, please include their details where applicable (name, organisation, personal bio)  
 Save your completed form in PDF format and submit via the [submission form on the website](#).

<b>Title</b>	Mrs	<b>First Name</b>	Henrietta	<b>Family Name</b>	Mooney
<b>Position/Role</b>	Founder/ Coordinator				
<b>Organisation you will represent</b>	Hunter Reigon Field Naturalists & Nature Journaling Club				
<b>Personal Bio</b> Max. 100 words	<p>As an ecologist and natural history illustrator, I am living the dream of combining my experience and skills to deliver education and engagement programs for small groups in a variety of sectors including schools, volunteer organisations, local government, and for families through community workshops.</p> <p>I love painting Australian native flora and fauna in watercolour, creating 3D sculptures in felt, and coordinating my regional field naturalists club, with the rest of the time working alongside the community as regional coordinator for landcare in the Hunter region.</p>				
<b>Title of Presentation</b>	Nature journaling as a path towards deep ecology				
<b>Format of Presentation</b> (please select)	<input type="checkbox"/> Oral Presentation (20 minutes) <input checked="" type="checkbox"/> Workshop - 60 minutes (eg interactive indoor session) <input checked="" type="checkbox"/> Workshop - 120 minutes (eg outdoor activity) Indicate your preferred presentation types (you may select more than one) NB: We may not be able to offer your preferred option				
<b>Which theme would you prefer to present under?</b> (please select)	<input checked="" type="checkbox"/> Theme 1: Listen <input type="checkbox"/> Theme 2: Learn <input type="checkbox"/> Theme 3: Transform				
<b>Introduction</b>	<p>Listening to and engaging with the natural environment can bring transformative change to yourself and those around you.</p> <p>The objective of this workshop is to: provide participants with a hands-on experience in the use of nature journaling as a path to curiosity, asking the questions of why, how, and I wonder...</p> <p>The outcomes of this workshop are to: provide participants with the capacity to connect with nature in a meaningful and personal way; develop nature connection skills to share with family, friends, or the wider community. A creative way of engaging with and understanding the natural world around you no matter where you are on any given day.</p>				

<p><b>Presentation Abstract:</b> max. 300 words</p>	<p>It's time to revisit your childhood sense of curiosity, imagination, and wonder about the natural world. Listening to and engaging with the natural environment can bring transformative change to yourself and those around you.</p> <p>In this workshop we'll use techniques such as blind drawing, contour drawing, and painting with colour. Nature is amazing up close and personal, so we'll take some time to listen, hear, breathe, and reflect.</p> <p>Starting with a short presentation and introductory activities indoors, followed by journaling outdoors using pictures, symbols, words, poetry, interpretations, and your own creativity.</p>
<p><b>Key Message:</b> A short summary of presentation</p>	<p>Connect with nature in creative ways. Anyone can do nature journaling, no art or writing experience is necessary.</p>

All abstracts must be received by 5pm **Friday 28 April 2023 (AEST)**.

We expect to notify speakers by mid June

**Note:** confirmed presenters will be required to register for the conference and pay the relevant registration fees.