

### Abstract Submission Form and Speaker Profile

Complete your details by typing in the **green** sections of the digital form below. If there are multiple presenters, please include their details where applicable (name, organisation, personal bio)  
 Save your completed form in PDF format and submit via the [submission form on the website](#).

<b>Title</b>	Ms	<b>First Name</b>	Ann	<b>Family Name</b>	Burbrook
<b>Position/Role</b>	Engagement and Support Manager and Trainer				
<b>Organisation you will represent</b>	Green Connect				
<b>Personal Bio</b> Max. 100 words	Ann Burbrook has worked in education, supporting young people and former refugees, and with the agricultural sector. A founding member of Farmers For Climate Action, Ann has worked extensively supporting sustainability leaders, farmers and scientists to frame their messages around food, sustainability and the environment. One of the things she does at Green Connect is to run programs for high school students introducing them to growing and nurturing food. This work includes talks and physical activities increasing the participants knowledge, their physical and mental health, and building their awareness of the preciousness of food.				
<b>Title of Presentation</b>	Meet your meat... and veggies				
<b>Format of Presentation</b> (please select)	<input checked="" type="checkbox"/> Oral Presentation (20 minutes) <input type="checkbox"/> Workshop - 60 minutes (eg interactive indoor session) <input type="checkbox"/> Workshop - 120 minutes (eg outdoor activity) Indicate your preferred presentation types (you may select more than one) NB: We may not be able to offer your preferred option				
<b>Which theme would you prefer to present under?</b> (please select)	<input type="checkbox"/> Theme 1: Listen <input checked="" type="checkbox"/> Theme 2: Learn <input type="checkbox"/> Theme 3: Transform				
<b>Introduction</b>	Urban farming and agriculture has been proven to provide multi-dimensional benefits to communities.  This presentation will discuss the importance of introducing young people to their food so they can see, touch, taste and care for it through the growing process.  The aim is to inspire the audience to support and participate in the introduction of urban food spaces to school aged participants in order to bridge the rural / urban divide				

	<p>centered around food production encouraging young people to care more about their food, waste less and become future advocates for urban agriculture.</p>
<p><b>Presentation Abstract:</b> max. 300 words</p>	<p>As the disconnect between rural and urban communities increases more people living in cities are becoming increasingly distanced and detached from their food and the journey it takes to land on their plate.</p> <p>Food comes encased in plastic, on Styrofoam trays, it is delivered to your door (reducing the need to select your own apple). Hermetically sealed leafy greens can last for weeks in bags that, when emptied, will go straight to landfill. Meat is pre marinated and prechopped bearing little or no resemblance to the beast it came from. Rice can be purchased precooked... just open the bag and heat!</p> <p>Over 90% of suburban children report they have never grown something to eat in their garden. Most high school students can't differentiate between a cabbage and a cauliflower when standing next to them in a paddock. Students ask what a worm does in the soil or what 'that white, stringy stuff is' and are astonished when told that the biodiversity below the ground far exceeds the biodiversity above.</p> <p>When people meet their food their relationship with it starts to change. When they understand that the cute lamb playing in the paddock with its mother will have to die in order to become a chop, or that the tomato seedling in front of them will have to be nurtured for a minimum of 50 days before the fruit can be eaten, or that a single bee only creates about a ¼ of a teaspoon of honey in its lifetime of around 30 days, they begin to understand the preciousness of food.</p> <p>And when people value food more they eat less, waste less, are more inclined to buy fresh and local. Additionally, their respect for the people who grow their food, the food itself, and the environment that nurtures it, increases.</p>
<p><b>Key Message:</b> A short summary of presentation</p>	<p>There is a massive disconnect between people and their food.</p> <p>Introducing people, especially young people, to growing and nurturing food on an urban farm where they can experience the complexity and the simplicity of food production has the potential to bridge this disconnect. This presentation discusses what happens when we encourage young people to get their hands in the dirt, feed a pig, smell manure in the soil, gently wipe an egg and step out of their sanitised, digital worlds. All these experiences help increase awareness and build an understanding of the interconnectedness between humans and their environment.</p> <p>When we are distanced from our food, we don't value it.</p> <p>Introducing people to their food makes a difference.</p>

All abstracts must be received by 5pm **Friday 26 May 2023 (AEST)**.

# AAEE Biennial Conference 2023

## Listen, Learn, Transform

25-27 September 2023, University of Wollongong



We expect to notify speakers by mid June

**Note:** confirmed presenters will be required to register for the conference and pay the relevant registration fees.